

PMRGCAuk WEEK 2020

16TH TO 22ND JUNE

Wednesday 17th June at 2pm

Webinar with Professor Bhaskar Dasgupta,

PMRGCAuk President & Head of rheumatology at Southend University Hospital.

Topic: PMR and GCA : the road beyond Covid

This webinar will outline new ways of diagnosing, assessing and living with polymyalgia rheumatica and giant cell arteritis: how to embrace new ways of communication, remote review, self-disease assessment and self-management in a changed world.

To join the webinar please email webinar@pmrgca.org.uk with your name.

We will send you a link to the webinar



Monday 22nd June at 2pm

Webinar with Dr. Sara Muller,

Trustee & Research Fellow at Keele University, where she leads the PMR Cohort study.

Topic: Study of the course of PMR Symptoms 2 years after diagnosis

Sara will talk about her study of the course of PMR symptoms over the first two years after diagnosis. She will describe the patterns she has found in pain and stiffness and what this might mean for future research. .

To join the webinar please email webinar@pmrgca.org.uk with your name.

We will send you a link to the webinar.



Both webinars are free but you are welcome to make a donation.

Please ask for details when signing up for your webinar.

Lockdown 2021 Calendar Photo Competition

This week we are launching our Lockdown 2021 Calendar Photo competition.

To enter:

send us a photo (on the highest resolution your camera or phone) that you can take while in lockdown – flowers, sunsets, sunrise, pets.

email your photo to: info@pmrgca.org.uk with your name & membership number

The calendar:

12 photos will be chosen to create our 2021 PMRGCAuk calendar

The calendar will be on sale from mid-autumn. All proceeds go towards PMRGCAuk

The deadline for photos: 31st August 2020

This is free to members and £5 entry fee to non-members.

Every year PMRGCAuk members do amazing things to fundraise for the charity - a sponsored walk, canoeing, run, climb a mountain or a quiz or a tea party.

It's more difficult this year. BUT

If you are able to organise a virtual tea party or quiz, or a sponsored walk around your garden, do contact us if you need any help at info@pmrgca.org.uk

Or if you have a birthday soon, consider a birthday fundraiser.

Or please ask your friends and family simply to donate via the donate button our website

www.pmrgca.org.uk

